



# CINAHL Objectives



- Learn how to develop a clinical question using the PICO format
- Take your clinical question and find the keywords
- Use the keywords to search PubMed, CINAHL, and SPORTDiscus

**SPORTDiscus™**

*An Essential Resource for Sports  
Medicine & Physical Therapy*



# PICO Format and Clinical Questions

- Patient/population
- Intervention
- Comparison
- Outcome

Using PICO will help you determine what your clinical question should look like.  
Example:

P Men phantom limb pain

I Mirror therapy


C

O Reduction of pain

Clinical Question: In men with phantom limb pain does mirror therapy help with reduction of pain?

# Contacting the Library

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- Call (910) 893-7334
- Chat:  \*
- Email: [swade@campbell.edu](mailto:swade@campbell.edu)  
[moran@campbell.edu](mailto:moran@campbell.edu)
- I'm looking forward to getting know you!

\*If you click on the Chat with a Librarian bubble above, you will be taken to the library Ask page where you can click on a direct link to the chat with a librarian feature.