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Gardner-Webb Challenges Campus, Alumni and Community to Virtual 5K

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Office of University Communications

April 21, 2020

Walk/Run Your Own Race On Any Day Between April 25 and May 9

BOILING SPRINGS, N.C.—Since local 5Ks have been postponed because of Coronavirus restrictions, Gardner-Webb University is hosting a Virtual 5K. Runners are encouraged to stay at home and run or walk a 5K—on any day and time you choose—between April 25 and May 9.

Participants are encouraged to complete the event in honor of someone—a parent or grandparent who attended Gardner-Webb, a son or daughter who attended GWU or who are currently enrolled, a current or former coach, a current or former teammate, staff or faculty member—anyone you choose.



Create your own race bib and pick your own number. It could be your GWU graduation year, athletic team number, residence hall room number, or campus post office box number.

When you complete your walk/run, take a finisher photo, and challenge someone else to compete. Be sure to use #GWUvirtual5k and tag @gardnerwebb and @gwu_campusrec on social media.

Learn more on the event page.

Located in the North Carolina foothills, Gardner-Webb University is a private, Christian, liberal arts university. Gardner-Webb emphasizes a strong student-centered experience and rigorous academics to prepare students to become effective leaders within the global community. Ignite your future at Gardner-Webb.edu.