

# Isolation of Citral in Lemongrass: Steam Distillation, Spectroscopy, and GC-MS

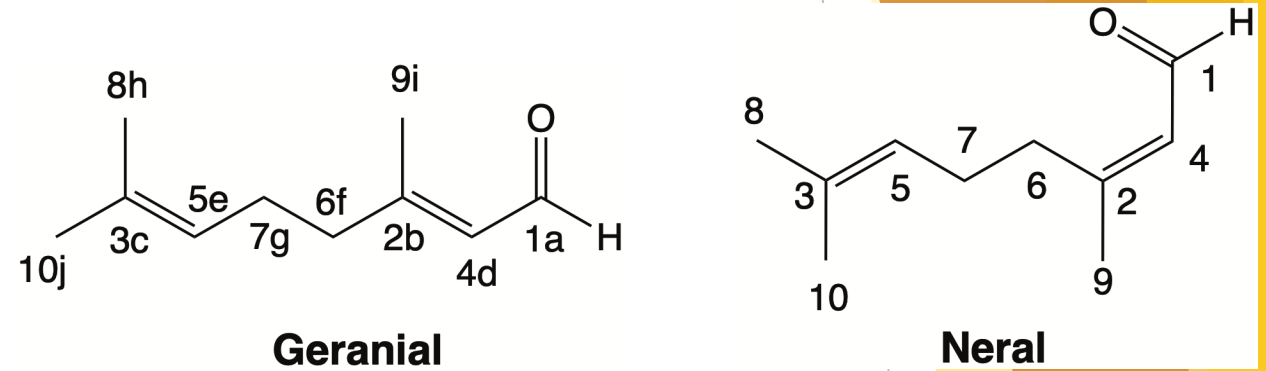
Nicole Riha, Jacob Willis, Benjamin Brooks\*



# Introduction

- ▶ Citral is an acyclic monoterpene aldehyde
- ▶ Sweet lemon-like scent
  - ▶ Also found in fruits such as lemons & oranges, and in plants such as melissa and verbena.
- ▶ In lemongrass, citral is found as a mixture of two isomers Neral (Z-isomer) and Geranial (E-isomer).

(Dudai et al., 2005)



# Health

## ▶ Uses:

- ▶ Cosmetics
- ▶ Cleaning Agent

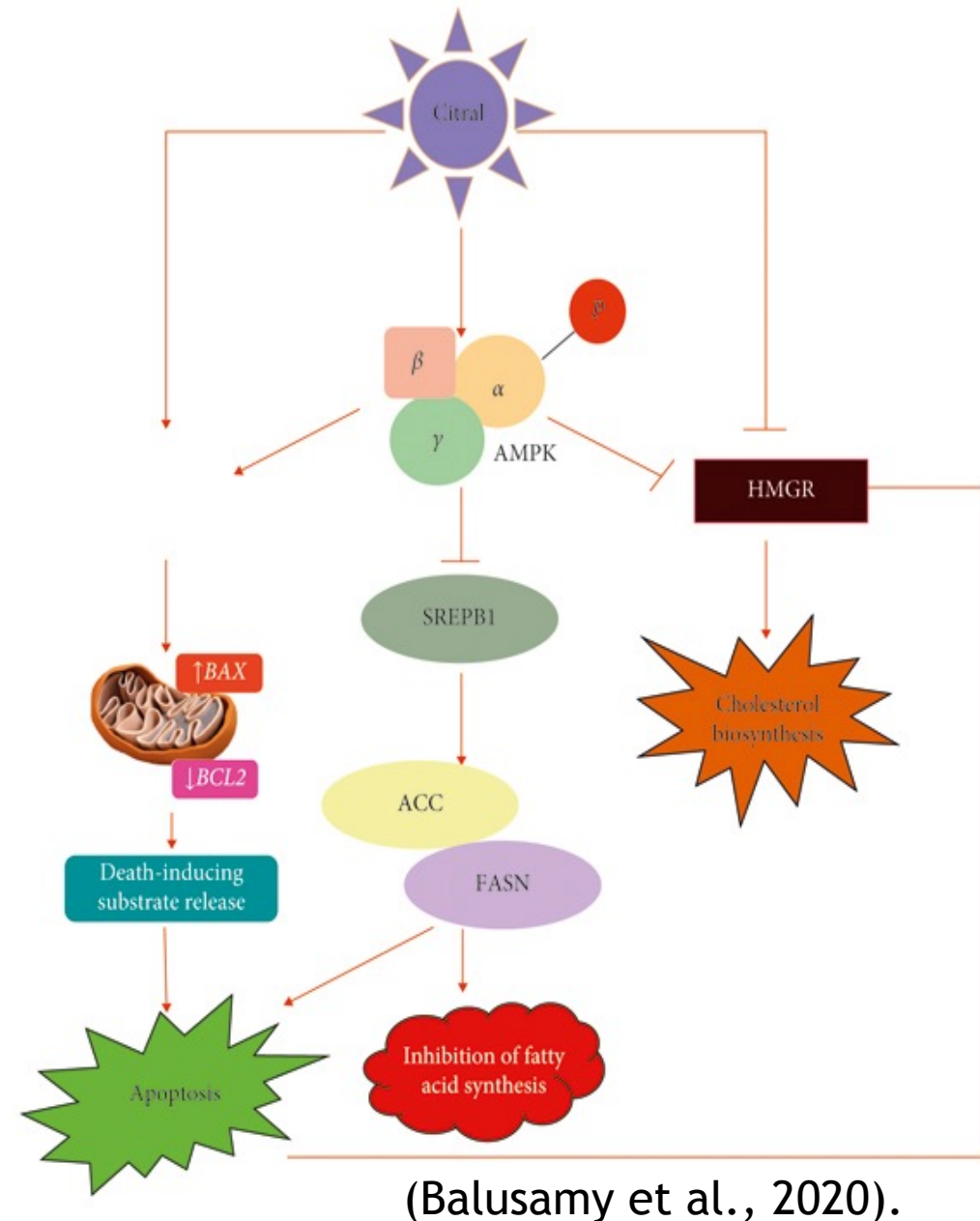
## ▶ Health Benefits:

- ▶ Antioxidant
- ▶ Antimicrobial
- ▶ Antifungal
- ▶ Anti-inflammatory
- ▶ Anticancer: triggers apoptosis in various types of cancer cells by binding to enzymes that participate in forwarding tumor growth.

(Bouzenna et al., 2017)

# Citral's Anticancer Property

- ▶ Citral's aldehyde functional group:
  - ▶ Binds to MARK4, an enzyme that is important to the G0/G1 phase of the cell cycle and stop tumor growth in glioma cells (Rovina et al., 2014).
- ▶ Citral can alter lipogenesis pathway which is involved prostate cancer cell growth to trigger apoptosis (Balusamy et al., 2020).
- ▶ Citral is also non-cytotoxic, which means that it does not hurt healthy cells when treating things like cancer (Naz et al., 2018).
- ▶ **Importance:** natural source for lowering cancer growth in combination with chemotherapy treatments. (Maruoka et al., 2018)



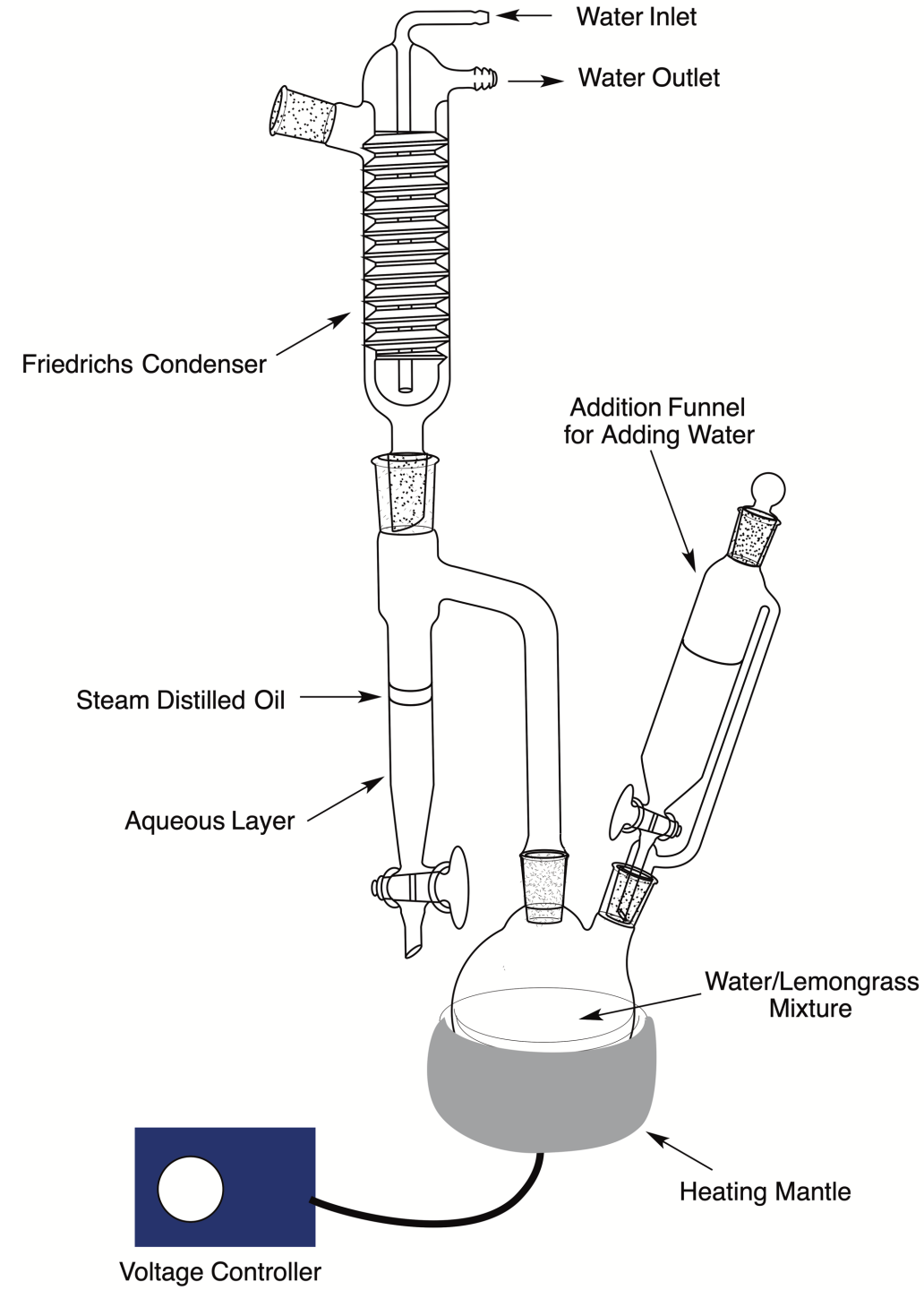


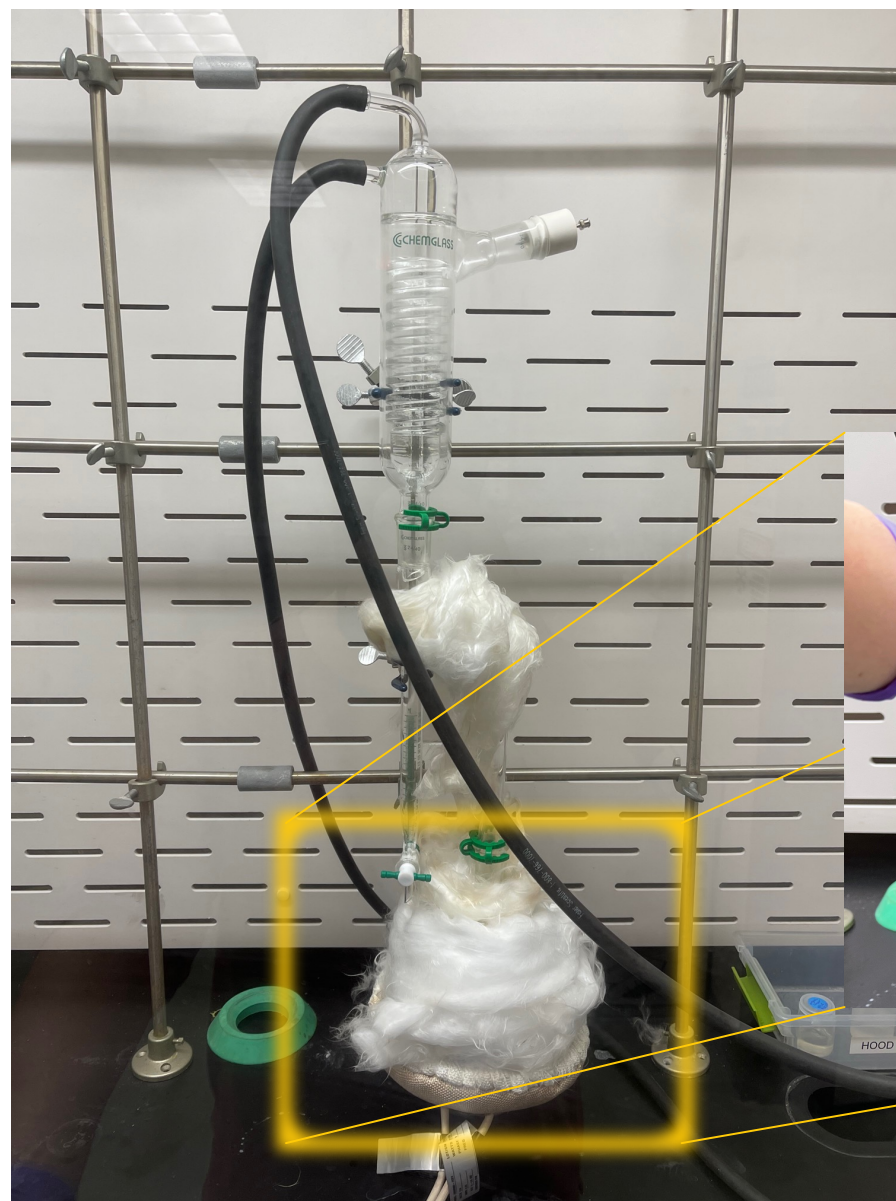
# Objectives and Hypotheses

- ▶ The purpose of this experiment is to isolate citral oil from fresh lemongrass via steam distillation and analyze it by  $^{13}\text{C}$  Nuclear Magnetic Resonance (NMR) spectroscopy, Infrared (IR) spectroscopy, Gas Chromatography-Mass Spectrometry (GC-MS), and Thin-Layer Chromatography (TLC).
- ▶ **Hypotheses:**
  - ▶ Steam distillation is an appropriate way to extract lemongrass oil.
  - ▶ Lemongrass stems contain more lemongrass oil than leaves.

# Methods

- ▶ Steam Distillation: a vertical apparatus with Friedrichs condenser and Dean Stark apparatus. Several runs had to be done to get an adequate amount of lemongrass oil.
  - ▶ Rotary Evaporator (Rotovap)
- ▶ TLC (Thin-Layer Chromatography)
- ▶ GC-MS (Gas Chromatography Mass Spectrometry)
- ▶ IR (Infrared) Spectroscopy
- ▶  $^{13}\text{C}$  NMR (Carbon 14 Nuclear Magnetic Resonance) Spectroscopy





Steam Distillation with Dean  
Stark Apparatus





GC-MS



IR Spectrometer

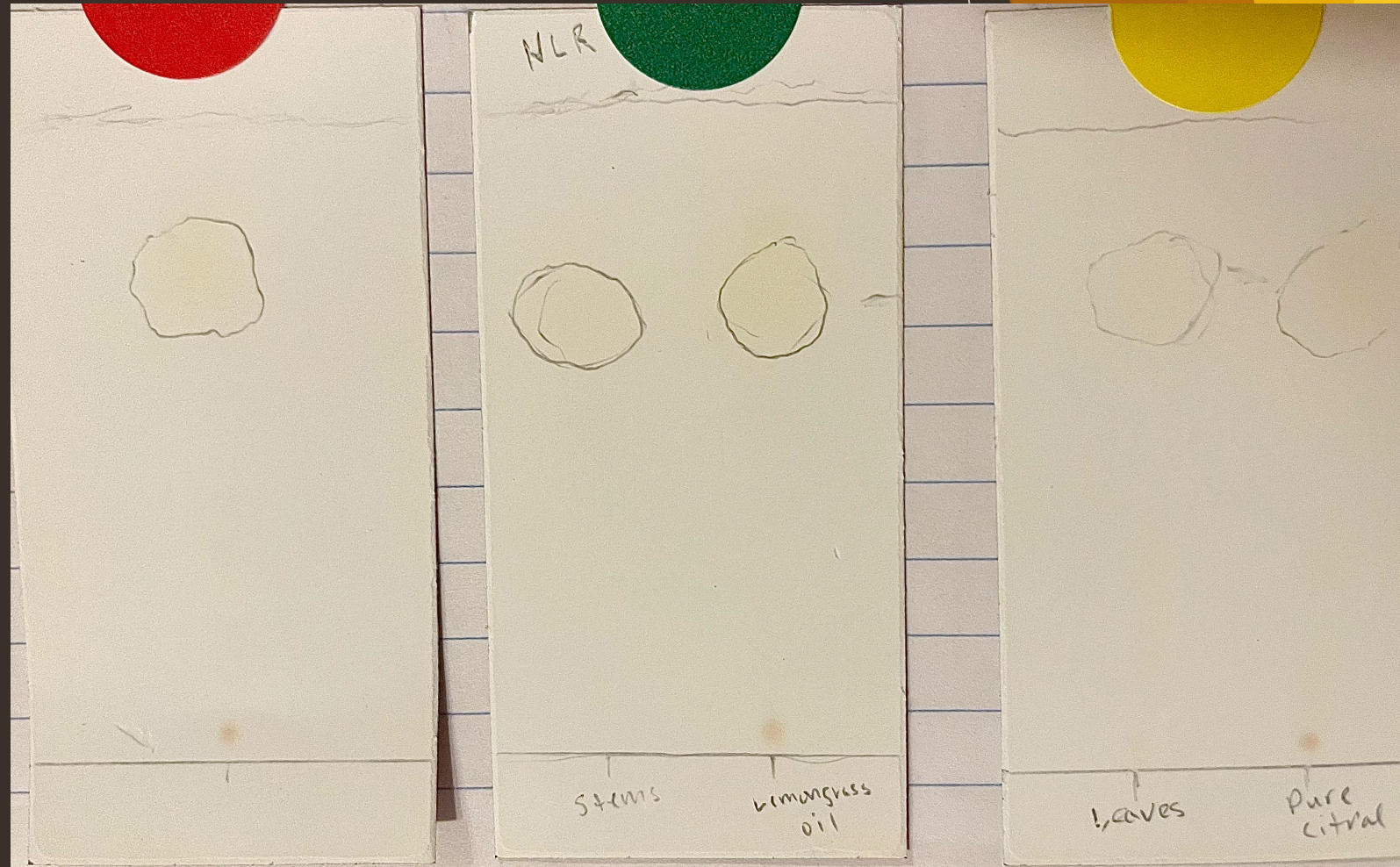


NMR Spectrometer

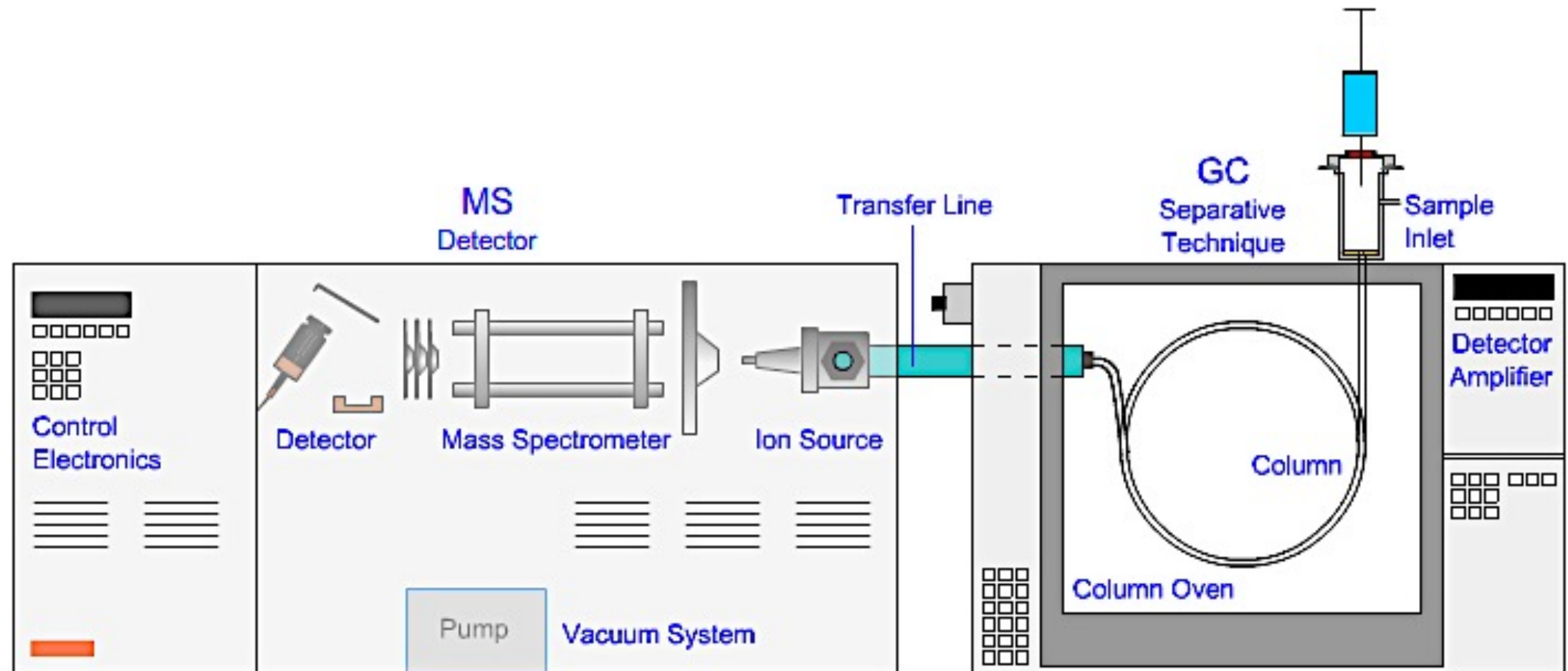


# Results: Thin-Layer Chromatography

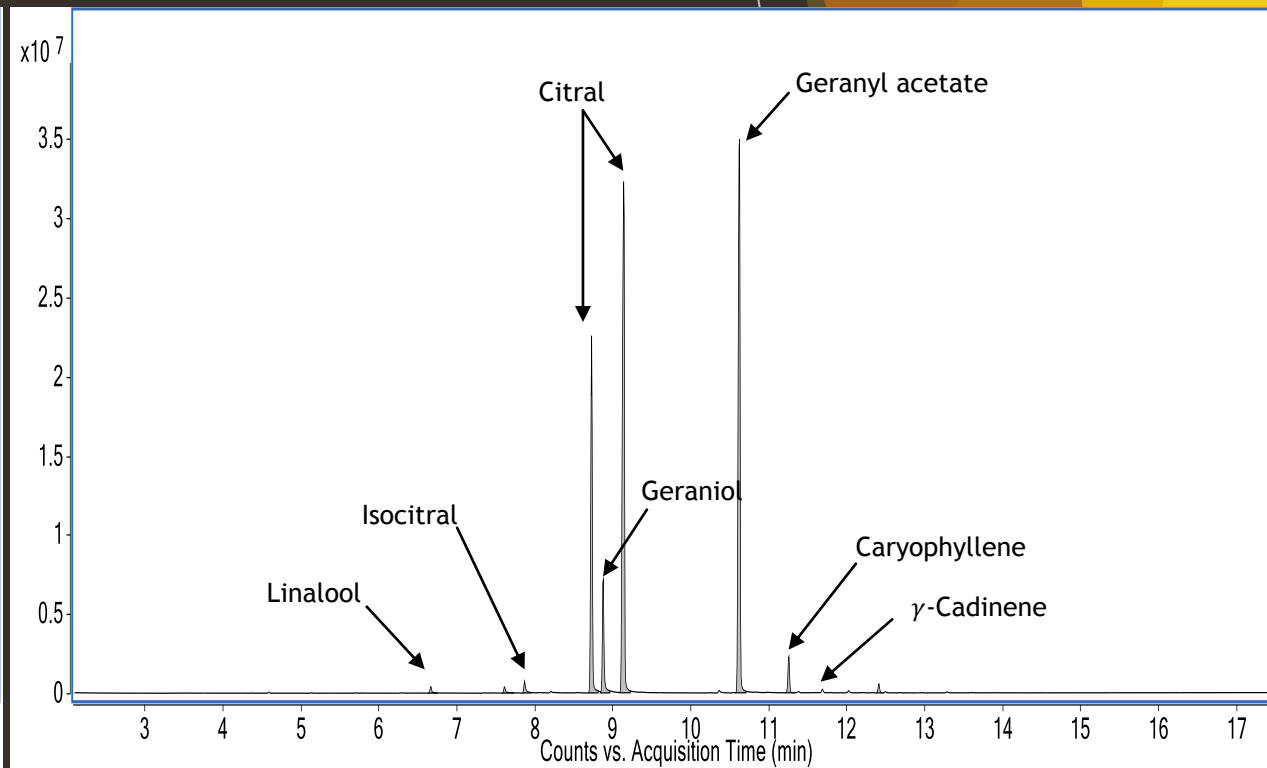
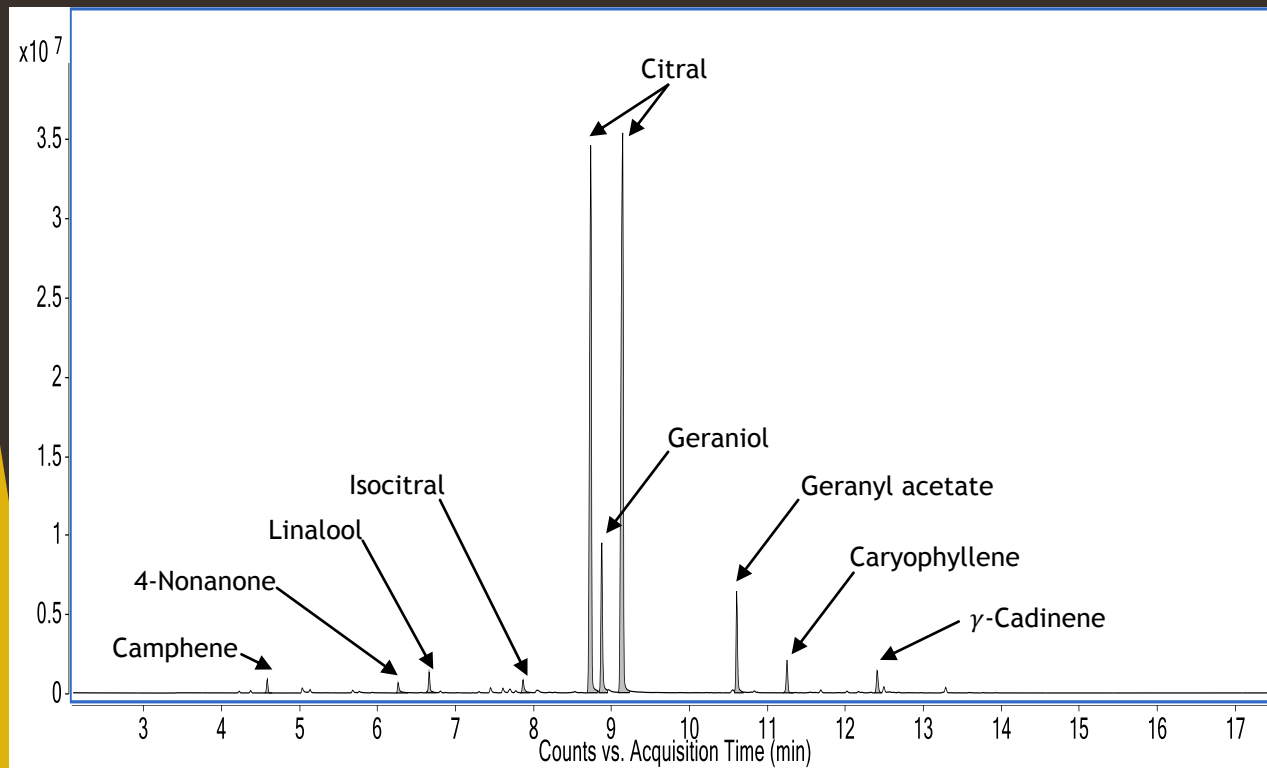
- Silica gel plates were run with a 4:1 ratio of hexane and ethyl acetate as a solvent.
- Samples included pure citral, lemongrass oil purchased from Pure Majestic Cosmeceuticals, and oil distilled from fresh lemongrass were compared.
- All three showed that citral was present ( $R_f = 0.7$ )



# GC-MS Diagram

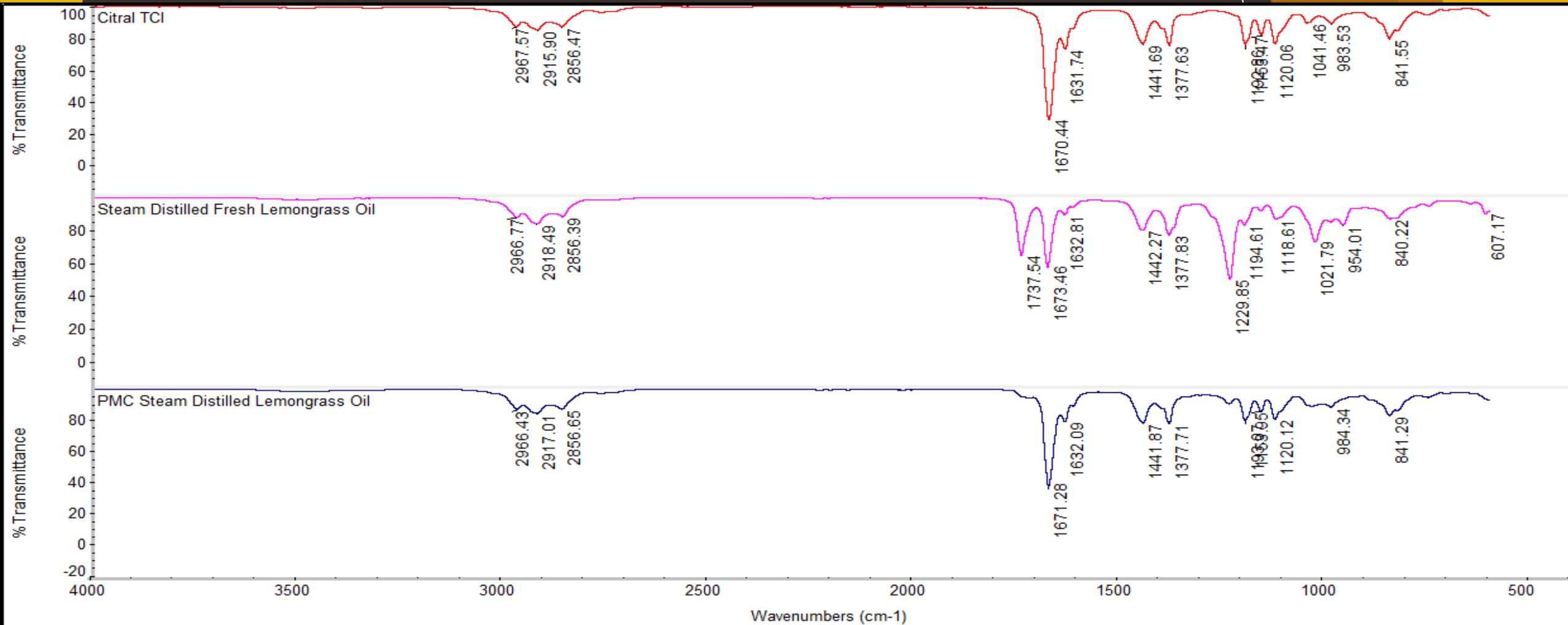


# Results: GC-MS



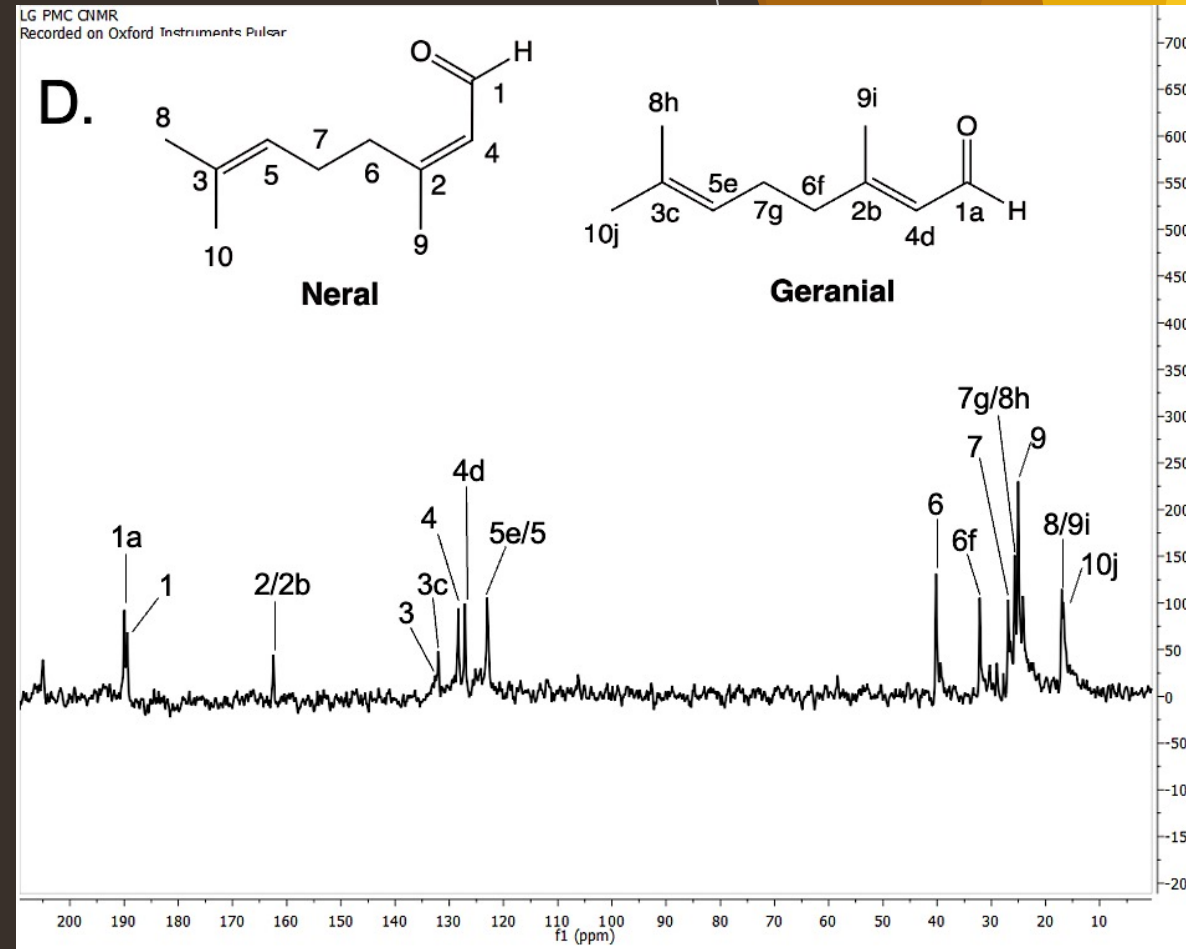
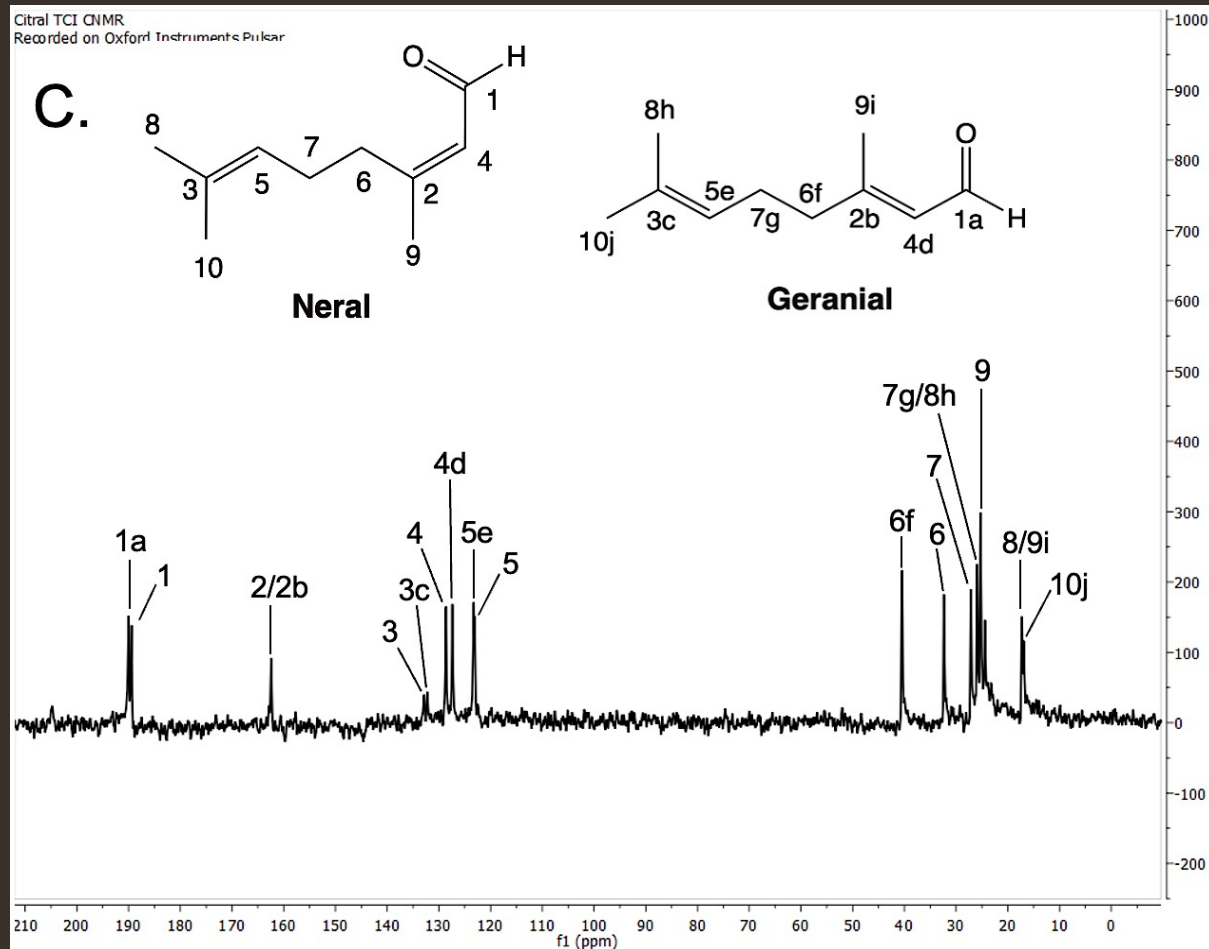
Gas chromatograms of a) PMC lemongrass oil and b) of distilled fresh lemongrass oil

# Results: Infrared Spectroscopy





# Results: $^{13}\text{C}$ NMR Spectroscopy



$^{13}\text{C}$  NMR spectra of a) pure citral (TCI) and b) steam distilled lemongrass oil (PMC)

# Discussion

- ▶ Oil extracted
- ▶ Citral was observed but did not appear to be the major component
- ▶ Contains more geranyl acetate
  - ▶ Different varieties of lemongrass
  - ▶ Plants are complex chemically
  - ▶ Age (Ganjewala & Luthra, 2009)
- ▶ The lemongrass oil from PMC also consisted of trace amounts of two different chemicals not found in the lemongrass used in this experiment (4-nonanone and camphene).

# Conclusion

- ▶ More research needed on the properties and uses of citral and lemongrass oil.
- ▶ Different varieties of lemongrass need to be further studied to see which has the most citral content.
- ▶ Steam distillation with Dean Stark apparatus is an appropriate method of extracting oil from lemongrass, however it must be performed on a larger scale to provide an adequate amount of oil.
  - ▶ Also, depending on the variety or age, the use of leaves rather than stems might yield more oil.

# References

- Balusamy, S. R., Perumalsamy, H., Veerappan, K., Huq, M. A., Rajeshkumar, S., Lakshmi, T., & Kim, Y. J. (2020). Citral Induced Apoptosis through Modulation of Key Genes Involved in Fatty Acid Biosynthesis in Human Prostate Cancer Cells: In Silico and In Vitro Study. *BioMed Research International*, 2020, e6040727. <https://doi.org/10.1155/2020/6040727>
- Bouzenna, H., Hfaiedh, N., Giroux-Metges, M.-A., Elfeki, A., & Talarmin, H. (2017). Biological properties of citral and its potential protective effects against cytotoxicity caused by aspirin in the IEC-6 cells. *Biomedicine & Pharmacotherapy = Biomedecine & Pharmacotherapie*, 87, 653–660. <https://doi.org/10.1016/j.biopha.2016.12.104>
- Dudai, N., Weinstein, Y., Krup, M., Rabinski, T., & Ofir, R. (2005). Citral is a New Inducer of Caspase-3 in Tumor Cell Lines. *Planta Medica*, 71(5), 484–488. <https://doi.org/10.1055/s-2005-864146>
- Ganjewala, D., & Luthra, R. (2009). Geranyl Acetate Esterase Controls and Regulates the Level of Geraniol in Lemongrass (*Cymbopogon flexuosus* Nees ex Steud.) Mutant cv. GRL-1 Leaves. *Zeitschrift Für Naturforschung C*, 64(3-4), 251–259. <https://doi.org/10.1515/znc-2009-3-417>
- Maruoka, T., Kitanaka, A., Kubota, Y., Yamaoka, G., Kameda, T., Imataki, O., Dobashi, H., Bandoh, S., Kadowaki, N., & Tanaka, T. (2018). Lemongrass essential oil and citral inhibit Src/Stat3 activity and suppress the proliferation/survival of small-cell lung cancer cells, alone or in combination with chemotherapeutic agents. *International Journal of Oncology*, 52(5), 1738–1748. <https://doi.org/10.3892/ijo.2018.4314>
- Naz, F., Khan, F. I., Mohammad, T., Khan, P., Manzoor, S., Hasan, G. M., Lobb, K. A., Luqman, S., Islam, A., Ahmad, F., & Hassan, Md. I. (2018). Investigation of molecular mechanism of recognition between citral and MARK4: A newer therapeutic approach to attenuate cancer cell progression. *International Journal of Biological Macromolecules*, 107(Pt B), 2580–2589. <https://doi.org/10.1016/j.ijbiomac.2017.10.143>
- Rovina, D., Fontana, L., Monti, L., Novielli, C., Panini, N., Sirchia, S. M., Erba, E., Magnani, I., & Larizza, L. (2014). Microtubule-associated protein/microtubule affinity-regulating kinase 4 (MARK4) plays a role in cell cycle progression and cytoskeletal dynamics. *European Journal of Cell Biology*, 93(8-9), 355–365. <https://doi.org/10.1016/j.ejcb.2014.07.004>