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10-1-2015

Finding New Ways to Explore the Outdoors

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Recommended Citation

Banfield, Elizabeth, "Finding New Ways to Explore the Outdoors" (2015). GWU-Today. 202.

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Finding new ways to explore the outdoors



Ande Malinowski finds a dark place to test out a new headlamp. Photo by Elizabeth Banfield.

By: Elizabeth Banfield

"If you're looking for something fun to do on campus that's not at night or on the weekends, this is it," said student Ande Malinowski as she talked about the Tuesday outdoor adventure activities organized by Adventure Recreation this semester.

Kelly Brame, assistant director of student activities, is trying to encourage students to rediscover the great outdoors. Brame believes in the importance of spending time outdoors and hopes to introduce students to different ways they can do so by helping them find new activities they enjoy.

"I just came because I thought it would be good to try something new," said Malinowski. She is the program's first regular participant and is excited for more people to get involved.

These outdoor activities will vary from week to week and will begin every Tuesday from the Student Activities office starting at 4 p.m., lasting no more than an hour. Past activities this semester have included hiking at Broad River, hammocking and playing disc golf. Brame encourages students to suggest new outdoor adventures they will like to do in the coming weeks.

One event they do have scheduled is an adventure hunt on Oct. 13. "It will be a journey of epic proportion ending with a treat," said Brame.

Adventure Recreation plans on teaching outdoor skills such as fire building and campfire cooking and incorporating games like geo-caching and "The Epic Game."



The activity of the week will be displayed in Paw Prints each week. There is no sign up and no required supplies. "Just show up with a willing spirit," said Malinowski.

Kelly Brame leads a walk in search of a place to test out a new headlamp. Photo by Elizabeth Banfield.