THE INCEPTION OF A PRE-DIABETES PREVENTION PROGRAM IN COUNTY GOVERNMENT

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S - Service
T - Teamwork
R - Respect
O - Opportunity
N - Networking
G - Getting Healthy
PROJECT PURPOSE

- Rising health care cost
- Partnership with the Cleveland County YMCA
- To decrease the County’s health rankings
- To provide County employees with quality Wellness programs
SCOPE AND APPROACH

- Evidence Based program
- Participant Survey results
- Cost savings analysis
- Champion
- Participant/Case Study
## Consultancy Project Work Plan

<table>
<thead>
<tr>
<th>Activity</th>
<th>Plan Start</th>
<th>Plan Duration</th>
<th>Actual Start</th>
<th>Actual Duration</th>
<th>Period Complete</th>
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<td>6</td>
<td>24</td>
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RISKS AND CONSTRAINTS

- Resistance of employee engagement
- Poor implementation
- Attendance
- Loss of Funding
Figure 1. Health care outcomes continuum. Outcomes continuum that is used as a framework for outcome measurement for diabetes self-management program outcomes. From Mulcahy et al. Diabetes self-management educa-
Quality Assurance Plan cont.

**Plan:** Establish objectives and processes necessary to deliver results.

**Do:** Execute the plan and implement the processes. Collect data for analysis.

**Check:** Analyze the actual results.

**Act:** Identify corrective actions
RESULTS
BENEFITS

- In 2014, $950,000 was allocated to sustaining the health plan.
- In 2015, $400,000 was allocated to sustaining the health plan.
- This was a cost savings of $550,000

- Long term benefits outweigh short term results.
To whom much is given, much is required.

Luke 12:48
AREAS FOR FUTURE STUDY

- Holistic Health
- Family Programming
- Data Analytics
- New and Improved Lunch and Learns
- Food Demonstrations
BIBLIOGRAPHY


