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### Gardner-Webb University to Host Community Health Fair

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# Gardner-Webb University to Host Community Health Fair

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Office of University  
Communications

March 1, 2017

## *Annual Event to Feature Health-Focused Vendors on March 9*

BOILING SPRINGS, N.C. –Dozens of local healthcare providers and organizations will be on hand to promote healthy living at the annual Community Health Fair, scheduled for Thursday, March 9 from 2 p.m. – 5 p.m. in the Tucker Student Center at Gardner-Webb University. The event is free and open to the public.

community health fair

Every year, the fair enables students and members of the community to build relationships with local health agencies, promoting awareness about the latest health-related trends and offering the knowledge and resources necessary to pursue healthy lifestyles.

“We always try to promote a holistic view of health—not just what it means to be physically healthy, but how to make the best choices for nutritional, psychological, and even spiritual health,” said Brian Arnold, GWU’s associate director of student activities. “The event is a great opportunity for our students, and for members of the community, to learn what great local resources are available if they want to live healthier lifestyles.”

Local doctors, chiropractors, massage therapists, fitness experts, nutritionists, psychological and spiritual health counselors, and even health drink representatives will offer information and free giveaways. Several health-related student clubs will offer free blood pressure checks and other screenings.

“The Health Fair is always an educational time,” said Arnold, “but it’s a fun time too. We’ll offer raffles and giveaways, and a lot of the representatives give out souvenirs of their own. But most importantly, we hope the Fair will inspire people to take better care of their minds, bodies, and souls.”

For more information about the Health Fair, or to sign up as a vendor, contact Brian Arnold at (704) 406-3552.

***Auxiliary aids will be made available to persons with disabilities upon request 48 hours prior to the event. Please call 704.406.4264 or email [servicerequests@gardner-webb.edu](mailto:servicerequests@gardner-webb.edu) with your request.***

