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### **Gardner-Webb to Offer American Red Cross CPR/AED Certification Class**

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# Gardner-Webb to Offer American Red Cross CPR/AED Certification Class

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Office of University Communications

November 15, 2013

## *GWU Students Will Teach Class on Nov. 21*

BOILING SPRINGS, N.C. – The Department of Physical Education Wellness and Sport Studies at Gardner-Webb University is pleased to announce that they are offering an American Red Cross Adult and Child Cardiopulmonary Resuscitation (CPR) /Automated External Defibrillator (AED) certification class on Thursday, Nov. 21, from 5:30 p.m. – 9 p.m. in Bost Gym.

The class is open to faculty and staff who are interested in earning their American Red Cross certification. Gardner-Webb students, who recently earned their instructor certification, will teach the class under the supervision of associate professor Dr. Debbi Ware. Ware is passionate about people on campus receiving the proper training for Adult and Child CPR/AED but especially for the AED, which is a portable electronic device that diagnoses the potentially life threatening heart arrhythmias.

“The University has AED’s placed all around campus. Every minute counts when dealing with cardiac arrest,” said Ware. “After calling 911, expedient and effective administration of CPR and defibrillation can help save lives.”

The students teaching the class are enrolled in Ware’s CPR/AED course and instruction is part of the curriculum. They had the option of practicing amongst themselves but chose to offer a class to members of the Gardner-Webb community.

“Opening the class to the faculty and staff is a win-win,” said Ware. “The participants learn life-saving skills and the instructor-trainers who will be teaching the course are provided with a service learning opportunity that has proven to be a very positive experience for them.”

Space is limited and the cost of the class is \$19. For more information or to reserve your spot contact Ware at 704-406-4419 or [dware@gardner-webb.edu](mailto:dware@gardner-webb.edu).

*Located in Boiling Springs, N.C., Gardner-Webb University offers a comprehensive academic experience that introduces students to the diverse world of ideas and to the people who think them, preparing them for professional success and for productive citizenship.*